

Smart Instrumentation Local Technical User Forum



Safety Bears Attention!

FLUOR[®]

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Systems Fellow

Safety Tips for work at Home

- If you use a laptop as your primary work computer, consider adding a separate monitor, keyboard, camera and mouse.
- Place your computer screen at arm's length away and at eye level.
- Adjust your chair so your feet are flat on the floor and your lower back is supported.
- Use extra room lighting to eliminate eye strain.
- Clear away tripping hazards, such as loose cords and charger cables.
- Take regular breaks to walk, stretch, and rest your eyes.



Climbing Safety

Con: No climbing harness. No fall protection.

Pro: Subject is using multiple points of contact.



Fall Safety

Con: Subjects need a properly sized ladder. Over-extension of reach beyond balance point.

Pro: Good teamwork towards goal.



Electrical Safety

Con: Is this is a GFI circuit? Always seems like fun and games until you get your mouth shocked!

Pro: Buddy system is in use. Safety spotter-lookout in the background. But, does he know CPR and first aid?



Ladder Safety

Con: No safety harnesses.
Improper footwear.
Climbing in tandem

Pro: Top bear checking on status of co-worker. Three points of contact at all times.



Vehicle Safety

Con: Crew didn't do 360-degree walk around. Crewmember riding in back of truck. Minors not permitted in oil fields.

Pro: Checking tail-light bulbs prior to driving.



Walkway Safety

Con: Not a designated walkway.

Pro: Avoided slipping on icy pathway below.



Highway Safety

Con: Not a designated crosswalk. Did not look both ways.

Pro: Moving quickly to avoid traffic.



Houston SI LTUF Safety Moment

Work Safe – Stay Safe!



Don't Wake a Sleeping Bear!